## TILAK MAHARSHTRA VIDYAPEETH INDUTAI TILAK COLLEGE OF PHYSIOTHERAPY & JAYANTRAO TILAK COLLEGE OF PHYSIOTHERAPY

Name of the Event: Industrial Visit On the occasion of "World day for Safety and Health at work"

**Date and duration of the Event:** 25/4/2023 (4 hours)

**Location of the Event:** I-Tape solutions, Khed Shivapur

College: Indutai Tilak College Of Physiotherapy & Jayantrao Tilak College Of

Physiotherapy

## Name of the Faculty members Present for the event:

• Dr. Pratiksha Kulkarni

• Dr. Manali Kulkarni

On the occasion of "World day for Safety and Health at work", on 25<sup>th</sup> April 2023, an industrial visit was organized by Indutai Tilak College Of Physiotherapy from 10 am to 2pm. Location was I tape solutions at KhedShivapur. Purpose of the visit was to make students understand different working environments. Hence to fulfil the criteria we had organized visit of manufacturing of BOPP and self adhesive tapes and corrugated boxes.

For transportation purpose, college bus was provided to and from the venue. In this visit our final year students have evaluated individual workers on the basis of demographic history , job demand analysis, ergonomic evaluation with the help of REBA score. And other specific work related musculoskeletal discomfort was assessed with Nordic Pain Questionnaire.

Team of 40 students along with 2 faculties have assessed 40 workers in this industrial visit. On the basis of above assessment we have concluded that many of the workers are at medium risk and needs further investigation and changes. Workers were advised to follow ergonomic guidelines e.g. Postural correction, physical modification at work, workstation exercises etc. Visit was commenced after the modifications and corrective exercises were discussed with the business head of the respective industry.



